



# Matched - Pair Analysis of Female and Male Breast Cancer: A Comprehensive Cohort Study

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# **Abstract**

# **Background**

- About 1% of all breast cancers occur in men
- Cca. 450 cases per year in Germany and 1700 per year in the US
- Current therapy strategies are derived from female breast cancer
- Possible gender specific differences between female [FBC] and male breast cancer [MBC] are not sufficiently evaluated

# Objective

- Elucidate potential differences in tumor biological behavior between FBC and MBC
- Reveal possible differences in therapy of FBC and MBC
- Compare survival of female and male patients

#### **Patients & Methods**

- MBC diagnosed between 1995 and 2007 in region Chemnitz / Zwickau in the State of Saxony, Germany
- Region with 1.5 million inhabitants and 252 inhabitants per km<sup>2</sup>
- All MBC patients diagnosed 1995-2007 in the region (n=113)
- Data on tumor characteristics, treatment and follow-up (3 years) was collected by the Cancer Registers of Chemnitz and Zwickau
- Retrospective cohort study and matched pair analysis
- To each MBC patients one corresponding FBC patients was matched based on at least 5-7 tumor characteristics (age, TNM, grade, hormone receptor [HR] state. Her2 [HER2] state)
- Statistical analysis was performed with SPSS for Windows Version 14.0
- A value of p ≤ .05 was considered statistically significant (Log-Rank test, χ² test)
- Patient description is shown in Tab. 1
- Differences in therapy strategies of MBC and FBC are shown in Tab. 2

# 1. Patient characteristics

Tab. 1: Patient characteristics

Age [years]		67,3 (43-89)	
Tumor stage	n=109		
pTis		4	3,7%
pT1		38	34,9%
pT2		35	32,1%
pT3		5	4,6%
pT4		27	24,8%
Nodal state	n=106		
pN0		58	54,7%
pN+		48	45,3%
Metastasis	n=113		
cM0		103	91,2%
cM1		10	8,8%
Grading	n=103		
G1		7	6,8%
G2		66	64,1%
G3		30	29,1%
Receptor state			
HR +	n=91	78	85,7%
-ER +		72	79,1%
-PgR + HER2 +	n=78	70 7	76,9%
	n=78 n=91	11	9,0% 12,1%
Triple negative	n=91		12,1%

# 2. Therapy

		Male			Female		
Surgery	n =106				n=108		
Mastectomy	p<.001		94	88,7%		59	45,4%
Breast conserving surgery	p<.001		12	11,3%		41	47,2%
No surgery	p<.05		0	0,0%		8	7,4%
Adj. Radiatherapy		n=102			n=82		
Radiotherapy	p<.001		62	60,7%		72	87,8%
No therapy	p<.001		40	39,3%		10	12,2%
Adj. Systemic Therapy		n=93			n=82		
Chemotherapy	p=.17		16	15,3%		21	25,6%
Chemo-/Hormone therapy	p=.088		20	22,0%		27	32,9%
Hormone therapy	p=.43		31	34,1%		32	39,1%
No therapy	p<.001		26	28,6%		2	2,4%

## Results

#### 3. Overall Survival

- We found no significant differences in overall survival [OS] of MBC (68.1%) and FBC (70.4%)
- Median survival time was 98 months for MBC and 76 months for FBC (Fig. 1)

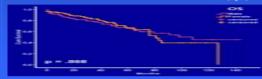


Fig. 1: Overall survival of MBC vs. FBC

#### 4. Survival of MBC

Advanced tumor stage (p<.005) (Fig. 2), nodal positivity (p<.05) (Fig. 3) and poor differentiation (p<.05) (Fig. 4) correlate significantly with shorter OS in men

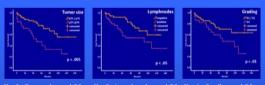
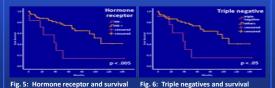


Fig. 2: Tumor size and OS Fig. 3: Lymphnodes and OS Fig. 4: Grading and OS

- Hormone receptor negative tumors have a significant (p<.005) negative impact on overall survival of MBC (Fig. 5)
- This also applies for ER (p<.05) and PgR (p<.001), as well as for triple negative tumors (p<.05) (Fig. 6)



Male patients who had received adjuvant radiotherapy had significant survival benefit (p<.05) (Fig. 7)

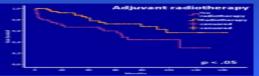


Fig. 7: Adjuvant radiotherapy and survival

## 5. Survival Analysis in MBC & FBC

- No differences in survival of MBC and FBC for most criteria
- FBC with negative HR state showed a trend to better survival (p=.055) (Fig. 8). Triple negative FBC had significantly (p<.05) better prognosis than MBC (Fig. 9)

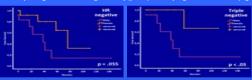


Fig. 8: Negative hormone receptor and survival

Fig. 9: Triple negatives and survival

## Summary / Conclusion

- Delayed diagnosis of MBC (T2-4: >60%: N+: 42.5%)
- However, relatively good prognosis (68% OS: 98 months median survival)
- Tumor size only independent prognostic factor (multivariate analysis)
- Adjuvant Radiotherapy showed survival benefit
- No significant differences regarding disease outcome between FBC and MBC when matched for tumor characteristics
- No survival benefit for women despite of more frequent adjuvant therapy of FBC
- Further characterization of subgroups of MBC necessary
- Therapy must be adapted to subgroups and according to guidelines for FBC



















